



# ZenQuest Martial Arts Center

55 Pittsfield Road-Building 10, Lenox, MA 01240

(413) 637-0656 \* zenquestmac@sprynet.com \* www.zenquestmac.com

An Okinawa Karatedo Association, Demian Mata Jiu-jitsu Network and Siyodtong Boston Affiliate

## NEWSLETTER March 2020



### Record Sponsorships

ZenQuest recently opened another round of it's sponsorship program for it's fight team and got some amazing results. As you may know, Team ZenQuest has experienced some amazing success in the past few years, and become the premier fight team in the Berkshires. Sponsoring 'Team-Z' is a great way to support the fighters and gym in their endeavors...AND get some recognition or advertising in the process.

This was the fourth and most successful round of sponsorships offered. In this round we've set a record for the number of sponsors acquired at ten. A big reason for the success of this round is that the Team Z fighters secured several of the sponsors. Round 4 Team Z sponsors are as follows:

#### Silver Level

- Lineflax & Roving
- Jedd L. Hall Attorney at Law
- Anonymous X 2

#### Gold Level

- Victory Force Options Training
- Baba Louie's
- Alander Construction
- Clayson Creative
- Anonymous

#### Platinum Level

- A-List Luxury Car Service

All sponsorship donations are used to cover expenses incurred by the fighters and coaching staff including training, gym time, licensing, travel, meals, supplies and equipment.

In addition to the pride and satisfaction associated with helping Team ZenQuest in pursuing it's goals, sponsors are recognized in several ways.



(Continued on page 4)

<i>In this Issue</i>	<i>Page</i>
RECORD SPONSORSHIPS	1
GILBERT CLINIC, TEAM Z DEBUTS, COOLER FRONT	2
PROMOTIONS, DATES TO NOTE, NEW STUDENTS, BIRTHDAYS, TERMINOLOGY	3
REWARDS RETURN, RECORD SPONSORSHIPS (CONT.)	4

## Gilbert Clinic

Sensei Joe Gilbert will be running a clinic on Uechi-Ryu Karate at ZenQuest on Saturday March 21st. Sensei Joe started training at the Okinawan Karate School (the original name for ZenQuest) back in 1973. He has trained and taught consistently since then and has a longstanding dojo in Bennington, Vermont. Sensei Joe has visited Okinawa several times including in 2007 when he joined Senseis Connie and Mark on one of their trips (see photo.) On that trip Sensei Joe was promoted to 8th Dan or 8th Degree Black Belt Master of the traditional Okinawan style.

This clinic will be from 10:00 AM to 11:25 AM. This is open to all ranked students ages 12 years old and up. There is no charge for the event, but donations to the ZenQuest fight team are welcome. Please join us!



## Team Z Debuts

On Saturday, March 14th, Tilo 'Tenacious' Jackson will make his long-awaited debut in MMA. Tilo will be facing newcomer Jake Russo of the Golden Falcon Gym in West Haven, Connecticut. Russo is primarily a striker with strong Muay Thai experience, while Jackson has solid Muay Thai and Jiu-jitsu under his belt.

The Lightweight bout will take place at the AMMO Fight League's St' Patrick's Day Battle in Springfield, Massachusetts. Tickets are available at ZenQuest with prices at \$40, \$50 and \$80 levels. In addition to Tilo's match, there is a full card of fights to see at this exciting event.

Also, ZenQuest's Jamie Brown will be making her debut in a Muay Thai kickboxing match on Saturday, April 18th. She'll be facing Sydney Austin from 8 Limbs Muay Thai in Coventry, Rhode Island in her own debut. This will be an exciting bout at 135 pounds as both ladies are planning on making a statement in their first matches. Tickets for this will be available soon.

Join us in supporting Tilo and Jamie!

## Cooler Front

You may have noticed that we recently rearranged the front desk area. This was done for better efficiency and usage of the space. In addition we've added a beverage and snack cooler! This will be stocked with healthy beverages like Gatorade, Muscle Milk, and water... and nutritious snacks like protein bars. We'll be adding more choices in the future so, please take full advantage of this new addition to the gym.



**IMPORTANT DATES**

Sat, March 14: Tilo's Debut at AMMO Fight  
Demian Maia in UFC Fight Night Brazil!  
Sat, March 21: Sensei Gilbert Uechi Clinic  
Sun, March 22: Kyu Test  
Sat/Sun, March 28/29: Tap Cancer Out Conn.  
Sat, April 18: Jamie's Debut at No Boundary

**HAPPY BIRTHDAY!**

Ashley Heck 3/3  
Ian Lloyd 3/3  
Katie Soules 3/5  
Greyson Murray 3/9  
Dominic (Nico) Dort 3/9  
Michael DeSanty 3/10  
Timothy Somerville 3/11  
Jaxson Pemble 3/11  
Carlo Petrucci 3/12  
Lena Mugridge Neilson 3/12  
Samuel Maschino 3/12  
Kyren Hanson 3/14  
Rowan Meyson 3/14  
Jackson Alberti 3/17  
Laura Collins 3/18  
Kellie Harrington 3/19  
Turner Lilley 3/24  
Jayden Strout 3/26  
Zoe Mertinooke 3/27  
Noah Camacho 3/29  
Caleb Ryan 3/31  
Kevin Chen 3/31  
Noah Hassmer 3/31

**WELCOME NEW STUDENTS!**

**YOUTH** - MaKenna Herlihy, Samantha Moser, Gordan & Ira Lagerbom, Alana Ramos, Raquel Levin, Parker Lamont, Abigail Senner, Rowan Meyson, Landon Ramos, Charlie Rapkowicz, Amaru Sequeira Maas, Callen Parker, Brooke Telfer, Michael Soules-Hubbard, Kaydance Thornton, Quincy Rocca, Aiden Moraes and Itzel Suqueira Maas

**ADULTS** - Brendan Burke, Alyssa Reed, Tyler Mountz, Brandon McMahon, Matthew Valenzuela, Kellie Harrington, Morgan Leighfield, Jennifer Rennie, Jim McPlatlin and Orion Davidoff

**WELCOME BACK** - Lali Hernandez, Charlie Guyer, Ed Rich, Miriam Gluck and Corey Stall

**RECENT PROMOTIONS****CRANES:****TIGERS:**

9kyu - Kaiden Hurley, Chase Kane, Phoenix Miller, Ian Lloyd, Turner Lilley  
8kyu - Mercedes Howell, Evan Bassett, Grayson Ambriz  
7kyu - Ava Coe, Carlee Herlihy  
6kyu - Lizzy Sondrini, Josh Sondrini, Jackson Pemble, Cayden Bona

**DRAGONS:**

9kyu - Aidan Klapes, Kashish Panwala  
6kyu - Hayden Coe

**COBRAS:**

9kyu - Kevin Chen

**UECHI:**

9kyu - Ericka Oleson

**Terminology****Training**

Japanese: Renshu

Brazilian: Treinamento

Thai: Fook Muay

**“Best Martial Arts Academy”**

ZenQuest Martial Arts

*Berkshire Eagle's*

*Readers Choice Awards*  
2017, 2018 & 2019



## Rewards Return

It's BACK! ZenQuest has started another round of it's ever popular 'Referral Rewards' program. This means that students will earn a \$50 gift certificate for each new student they bring to enroll at ZenQuest. Then, both you and the new student will be placed into a drawing for an additional \$50 Gift Certificate at the end of the round. This round began on February 20th and will end on May 31st. There is no limit to the number of referrals that can be made.

Congratulations to Ayden Jezak for winning our last drawing on February 1st!



## Common Sense Rules

Martial Artists tend to be a hardy bunch. However, with heightened concerns about illnesses recently we all need to use common sense to minimize risks in the gym. This includes:

- Keeping uniforms, clothing, personal gear, etc. clean
- Keeping yourself clean, wash hands regularly, use hand sanitizer
- Keeping hair and nails trimmed and clean
- Use tissues, cough or sneeze into arm
- Refrain from unhealthy habits like placing belt in mouth, biting nails, etc.
- Remain home if sick until well again

These are all rules already in place at ZenQuest and just common sense courtesies for training in the Dojo. We appreciate your kindness and consideration of others in following them.

*(Continued from page 1) Record Sponsorships*

These include a team banner which is proudly displayed at each event that the fight team participates in, at demos, and other special events. Sponsors also appear on the front page of our website, on our social media platforms, and here in ZenQuest's newsletter. Lastly, sponsors appear on "Walkout" style T-shirts worn by the fighters, coaches, and supporters. These are worn for competitive events, for interviews, demos, and special appearances.

Since becoming Team Z, we've amassed a winning record of 11-6 with several of those fights for amateur titles. We've picked up no less than three regional amateur titles including the lightweight belt for 'Reality Fighting', New England's biggest MMA promotion. The team also competes in other combat sports events like Jiu-jitsu tournaments and Kickboxing bouts. We currently have several new fighters preparing to make their debuts soon!

We'll be taking orders for new team 'walk-out' style shirts until March 15th. These high-quality, custom shirts can be used for running, training, or other activities... or just casually as a t-shirt. Pre-ordered these are \$27, with a regular cost of \$30. An example of a previous 'walk-out' shirt is shown to the right.

To pre-order walkout shirts visit the front desk or contact us via phone at 413-637-0656, message or email. Huge thanks to all of the sponsors and fighters for the success of round four!

