



# ZenQuest Martial Arts Center

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An Okinawa Karatedo Association, Demian Mata Jiu-jitsu Network and Siyodtong Boston Affiliate

## NEWSLETTER September 2021

### BTS Registration '21

The 'back-to-school' season is upon us again and at ZenQuest that means organizing our children's classes for the fall. Parents who are planning on having their kids continue with, or enroll new students in any of our children's classes should contact us ASAP to reserve the appropriate classes. Students age thirteen or older are eligible to attend Adult classes (including Karate, Jiu-jitsu, Thai Kickboxing, and Strength & Conditioning) and do not need to reserve classes.

Although we are operating with fewer restrictions than last year, we are setting limits for the maximum number of students allowed in each class. These will be based on about a 30% reduction from our pre-pandemic limits for each age group. Given this, it is more important than ever to be sure to reserve the appropriate classes for your kids.

Please remember that class reservations are made on a 'first come first served' basis. Waiting lists will be generated for classes exceeding their limit. Students who are not able to attend their preferred classes are encouraged to choose alternative times until space opens up in their preferred classes.

Parents can choose to reserve classes for their kids in any of the following ways:

- ◆ By speaking to someone directly at the front desk
- ◆ By sending an email to [train@zenquestmac.com](mailto:train@zenquestmac.com)
- ◆ By calling us at 413-637-0656

We are also in the process of setting up an online link for this and will make that available as soon as we can. Once set up we will send a separate email with a link on our website where parents can indicate their class choices.



Please remember that class reservations will only be effective with an active student enrollment. **Reservations for students who are not currently enrolled must be accompanied with tuition payment to restart the student's membership.** Also remember that 'Partial Participation' discounts are reserved for students age eight years old and younger.

With some lingering affects from the pandemic, we are continuing to exercise caution in the gym. This includes face coverings, sanitizing, extra cleaning, and 'respectful distancing'. As always we ask that any student who suspects that they may have been exposed to the coronavirus, is experiencing symptoms, or has travelled to an area with high rates of transmission withdraw from attending classes until they are certain that they are not infected with the disease.

Over the last eighteen months many children have been faced with reduced activities, sports and socialization. Children CAN reap the benefits of physical activity and socialization though, with the proper structure and safety precautions.

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## Custom Uniforms

The new ZenQuest's Karate Gis are here! These are a brand NEW custom uniform made from a high quality material with patches for both ZenQuest and our parent organization, the Okinawa Karatedo Association. The response on these has been super positive and many are already gone. An image of the new Gi is shown right. These are available in a variety of sizes and priced at \$70 each.

We also recently stocked up on our custom Jiu-jitsu Gis, too. These are the high quality blue "Team ZenQuest" uniforms with a variety of patches on them. They are extremely popular and tend to be sold out quickly. They're available in a variety of sizes at \$140 each.

Other custom gear like ZenQuest t-shirts, sweatshirts, training shirts, shorts and even beanie caps are available, too. Students and parents can also order a wide variety of gear and equipment including punching bags and targets for home...all at 20% off. Stop by the front desk, call or message us to purchase or pre-order any of these items. We also have gift certificates available which can be purchased at our front desk or through our website.



## Tuition Reminders

This is just a reminder of the importance of students and parents staying mindful about their memberships and tuition due dates. Students who choose to do incremental enrollments (monthly, quarterly, etc.) should keep close track of their due dates and submit tuition on or before their due dates.

The safety measures have only added more work to a full schedule of classes and administrative duties, and this leaves little time for individual reminders. Further, the restrictions and constraints caused by the pandemic have made the business side of running the dojo more challenging, and delays in payments only exacerbate the situation. We try to provide lots of flexibility in tuition choices for our students. So, please make sure to stay on top of incremental tuition payments if this is how you choose to pay for your enrollment. Also, please remember that missed classes must be made-up during a student's enrollment period and cannot be used to delay their tuition due dates.

As an alternative, consider enrolling via our 'Easy Pay' autopayment option. We recently changed the service used for our Easy Pay program. This has provided several improvements for both students and ZenQuest. Aside from the convenience and tuition discount that Easy Pay provides, it also locks the student's tuition rate. This means that their tuition cannot increase as long as they remain in it. It's also perfect for students who want to commit to a longer term study of the martial arts. To take advantage of enrolling this way all that is needed is to fill out an Easy Pay form and submit it at the ZenQuest front desk. Tell us which credit card account you would like to use for this and we take care of the rest. A double payment is made on the 'front end' of this enrollment and that extra month can be used on the 'back end.'

Please contact us if you have any questions on this or would like to go ahead with ZenQuest's Easy Pay plan.



*(Continued from page 1) **BTS Registration '21***

At ZenQuest we have worked hard to strike a balance between safety and intelligent training for our students during the unprecedented challenges we've all seen recently.

Current class schedules are available electronically upon request, and hard copies are at the front desk. We don't expect any changes to the children's classes at this time. Once the class lists and waiting lists are generated we will look at possible adjustments to the schedule to accommodate as many students as we can.

As always, please let us know if you have any questions or concerns going forward. We will look forward to another great season of fun and learning at the oldest and best martial arts school in the Berkshires!!

**IMPORTANT DATES****BACK TO SCHOOL TIME!****NEW STUDENTS!****Welcome:**

Cal McHugh, Jace McHugh, Iris Davis,  
Samuel Kelmelis, Henry Svirida, Daniel  
Siqueira

**HAPPY BIRTHDAY!**

Brianna Buratto 9/3  
Alexander Pizzonia 9/5  
Shaun Supranowicz 9/5  
Michael Jezak 9/6  
Jada Siv 9/6  
Isaac Cornellier 9/10  
Jennie Hogencamp 9/12  
Charlotte Fleury-Belman 9/15  
Victor MacDowell 9/15  
Abbigail McLaughlin 9/15  
Michael McHugh 9/16  
Shawn Dowling 9/16  
Jordyn Simmons 9/18  
Michelle Moreau 9/19  
Ian Bridgman 9/20  
Ryan Timm 9/20  
Isaiah Dixon 9/23  
Malyna Lacker 9/23  
Eva Matkovska 9/24  
Cooper Kennedy 9/25  
Kaiden Hurley 9/26  
Camden Blake 9/27  
Avery Keiper 9/27  
Holden Keiper 9/27  
Leanne Maschino 9/28  
Robert Haywood 9/29  
Evan Basnet 9/29  
Nicole Salazar 9/30  
Ayden Jezak 9/30

**RECENT PROMOTIONS****TIGERS:**

9kyu - Harrison Martin  
8kyu - Krish Shah, Leo Cardillo  
7kyu - Ben Chagnon

**DRAGONS:**

7kyu - Layla Wixsom

**COBRAS:****UECHI:****PYTHONS:**

1 stripe white - Stryder Mortali

**JIU-JITSU:**

1 stripe white - Michael Siktberg

**MUAY THAI:**

White - Hunter Christman, Derek Roberts,  
Anastasiya Bolotova, Eva Maltkovska  
4 stripe white - Sadie Giumarra, Kathy Petrucci

**Terminology****Safety**

Japanese: Anzen-sei

Brazilian: Segurança

Thai: Kwam Plodtai

**“Best Martial Arts Academy”  
ZenQuest Martial Arts**

*Berkshire Eagle's  
Readers Choice Awards  
2017, 2018, 2019  
& 2020!*

